# \*\*The Processing Circle\*\*

\*Where the magic happens after the dice stop rolling\*

🕯️ \*\*Welcome to our sacred space for unpacking the profound.\*\*

Sometimes the game ends but the feelings don't. Sometimes a character's choice hits deeper than expected. Sometimes we find ourselves carrying something heavy from the table, and we need a place to set it down and examine it together.

\*\*This is that place.\*\*

## \*\*What This Space Is For\*\*

This is where we gather to process the moments that surprised us, triggered us, or opened something up inside us during play. Whether you're:

- \*\*Feeling shaken\*\* by something that happened in-game

- \*\*Curious\*\* about why a particular scene hit so hard

- \*\*Wanting to share\*\* a breakthrough moment with people who understand

- \*\*Needing to talk through\*\* emotions that came up during roleplay

- \*\*Celebrating\*\* a moment of growth or healing

\*\*You belong here.\*\*

## \*\*How We Hold Space\*\*

🤲 \*\*We Listen Without Fixing\*\*

No advice unless asked. No "you should" statements. Just presence and witness.

💙 \*\*We Share What Feels Safe\*\*

Vulnerability is honored, never required. Share what serves you, keep what doesn't.

🛡️ \*\*We Keep It Here\*\*

What's shared in this circle stays in this circle. Period.

🌱 \*\*We Trust the Process\*\*

Sometimes processing looks like questions. Sometimes it's stories. Sometimes it's just sitting with the feeling.

## \*\*What You Can Expect\*\*

- \*\*Gentle guidance\*\* when you're not sure how to untangle what you're feeling

- \*\*Shared experiences\*\* from others who've walked similar paths

- \*\*Questions that help you explore\*\* rather than answers that shut down discovery

- \*\*A judgment-free zone\*\* where all reactions and responses are valid

- \*\*Coaching on the intersection\*\* between character and self (when wanted)

## \*\*Remember\*\*

I'm not your therapist - I'm your fellow traveler who happens to guide the games. What we do here is \*\*peer support\*\*, \*\*deep listening\*\*, and \*\*communal witnessing\*\*. The real work happens inside you; we're just honored to hold space while you do it.

Some sessions will leave you feeling light and free. Others might crack something open that needs attention. Both are part of the journey.

## \*\*Ready to Begin?\*\*

Drop a 🕯️ to let us know you're here, or jump right into sharing what's on your heart.

\*\*This is sacred work. You are sacred. Your process is sacred.\*\*

\*Let's explore what the stories are trying to teach us.\*

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\*Questions about navigating this space? Not sure how to share what you're feeling? That's normal and welcome too. We're here to help you find your way.\*